

EURORDISTHERAPEUTIC REPORT

February 2023

ISSUE 2

UPDATE ON THERAPEUTIC DEVELOPMENT AND PATIENT INVOLVEMENT IN EMA ACTIVITIES

GENERAL NEWS

EMA multi-stakeholder workshop on qualification of novel methodologies

The EMA is organising a *multi-stakeholder workshop* on the **17-18 April (13h to 18h CET)** on qualification of novel methodologies that will bring together different stakeholders to explore the scope, process and outcomes of the qualification of novel methodologies platform. The aims of the workshop are to:

- confirm the future scope of qualification of novel methodologies; and
- look at use case examples of different methodologies, share procedural experiences and solicit input from stakeholders.

Register *here* no later than 31 March 2023. A video recording will be made available after the event.

EJP RD Leadership and communication skills training

A training for patient representatives and advocates on leadership and communication skills has been developed under the framework of the European Joint Programme on Rare Diseases (EJP RD).

The training will take place in person 26-27 October at Medical University of Gdansk, preceded by preparatory pretraining elements.

Fill the application form *here* before April 26th 2023 to register. For more information, please read *here*.

IN THIS ISSUE

| General News | 1 |
|------------------------------|----|
| In the Spotlight: Shortages | 2 |
| Medicines Safety | 3 |
| Key figures Orphan medicines | 4 |
| Updates on EMA Committees | |
| CHMP | 5 |
| COMP | 6 |
| PDCO | 7 |
| CAT | 8 |
| PCWP | 9 |
| Glossary | 10 |

Advancing regulatory science in the EU – mid-point report published

EMA has published a report summarising the mid-term achievements of its *Regulatory Science Strategy* (RSS) to 2025. The report provides an overview of the main deliverables achieved between March 2020 and December 2022 across the EMA human and veterinary areas. The report also highlights achievements for the human and veterinary medicines strategies.

Access the full report *here* for more information.

It's nomination time again! Nominate your *EURORDIS Black Pearl Awards* 2024 here!



In the spotlight: Rare Disease Day 2023

Rare Disease Day 2023

Last 28 February was *Rare Disease Day!* The campaign continues to grow each year since it was first launched in 2008. Thousands of events were organised over 100 countries and regions to mark the occasion raising awareness and generating change for the 300 million people worldwide living with a rare disease, their families and carers!

More than 700 buildings were illuminated as an action of great support for Rare Disease Day keeping the global chain of lights and awareness stronger than ever, *check the chain of lights 2023 video here*! Everyone deserves equitable opportunities and access to health care, but for those with a rare disease, they are more likely to face misdiagnosis, unequal treatment and isolation. Check the social media success using the official hashtag #RareDiseaseDay and the website and the official video!



EMA COMP celebrating Rare Disease Day

The Committee for Orphan Medicinal Products (COMP) at the European Medicines Agengy (EMA) is in charge of reviewing applications for orphan designations and reassessment at time of marketing authorization. Please read *EMA Executive Director message on Rare Disease Day 2023* and COMP members picture from Amsterdam!



MEDICINES SAFETY

Pharmacovigilance Risk Assessment Committee (PRAC) February 2023

Minutes September 2022 Agenda February 2023 Meeting Highlights February 2023

PRAC starts safety review of pseudoephedrine-containing medicines

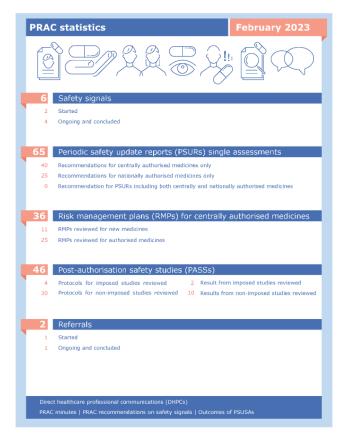
EMA's safety committee (PRAC) has started a review of medicines containing pseudoephedrine following concerns about the risk of posterior reversible encephalopathy syndrome (PRES) and reversible cerebral vasoconstriction syndrome (RCVS), conditions affecting

blood vessels in the brain.

The review follows new data from a small number of cases of PRES and RCVS in people using pseudoephedrine-containing medicines which were reported in pharmacovigilance databases and the medical literature.

The PRAC will review available evidence and decide whether the marketing authorisations for pseudoephedrine-containing medicines should be maintained, varied, suspended or withdrawn across the EU.

More information is available in *EMA's public health* communication.



Medicines safety resources

- List of medicines under additional monitoring
- ❖ Eudra Vigilance
- Shortages catalogue
- Recommendations on medication errors
- Good Pharmacovigilance Practices
- Patient registries
- Rules of procedure on the organisation and conduct of public hearings at the



Click on the image to get the latest issue of *QPP Update*, an EMA newsletter with the latest news on EU

Pharmacovigilance

Orphan medicines key figures

Since 2000



2782 Orphan designations



Orphan designations included in authorised indication





239 Authorised OMPs



95
To be used in children

To date

154

Products with a marketing authorisation and an orphan status in the European Union

30 March 2023

COMMITTE FOR MEDICINAL PRODUCTS FOR HUMAN USE

CHMP Meeting Highlights February 2023

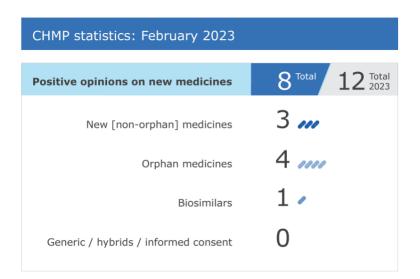
Minutes December 2022 Agenda February 2023 Meeting Highlights February 2023

In February, the CHMP recommended 8 new medicines for approval, 4 orphan medicines:

- **Elfabrio** (pegunigalsidase alfa) for the treatment of Fabry disease, a rare genetic disorder that results from the build-up of a type of fat in the body cells.
- **Hyftor** (sirolimus) for the treatment of facial angiofibroma, a benign vascular skin lesion composed of dermal fibrous tissue and blood vessels.
- **Tibsovo** (ivosidenib) for the treatment of newly diagnosed acute myeloid leukaemia, a cancer of the blood and bone marrow, and for the treatment of locally advanced or metastatic cholangiocarcinoma, a type of cancer that forms in the bile ducts.
- Tidhesco (ivosidenib) for the treatment of newly diagnosed acute myeloid leukaemia.
- **Akeega** (niraparib/abiraterone acetate) for the treatment of metastatic castration-resistant prostate cancer with BRCA 1/BRCA 2 mutations.
- **Opzelura** (ruxolitinib) for the treatment of non-segmental vitiligo, a skin disorder characterised by depigmented patches of skin.
- **Vafseo** (vadadustat) for the treatment of symptomatic anaemia in adults with chronic kidney disease who are on maintenance dialysis.
- **Bekemv** (eculizumab), a biosimilar that received a positive opinion for the treatment of paroxysmal nocturnal haemoglobinuria in adults and children.

The CHMP also recommended 4 extensions of therapeutic indication.

For further details, read the full CHMP meeting highlights.





Click on the image to get the latest issue of *Human Medicines Highlights*, a newsletter published by EMA address to organisations representing patients, consumers and healthcare professionals summarising key information on medicines for human use.

COMMITTEE FOR MEDICINAL PRODUCTS FOR HUMAN USE

CF

COMP September - February to be updated when info available

Minutes January 2023 Agenda February 2023 Meeting July 2022

COMP July 2022 meeting update

During the July plenary, the COMP adopted **21 positive opinions** on the designation of medicines as orphan medicinal products to the European Commission (EC). For further information, please see the *meeting report*. Please find below the list of indications covered in the medicines that were recommended for orphan designation:

- Hutchinson-Gilford progeria syndrome, Global Medical Services Sp. z o.o.;
- Urea cycle disorders, Unicyte S.r.l.;
- Graft-versus-host-disease, MDC RegAffairs GmbH;
- Cryptococcosis, Insight Drug Regulatory;
- Mucopolysaccharidosis type IV A, (Morquio A syndrome), Fondazione Telethon;
- Frontotemporal dementia, Neuroplast B.V.;
- Myasthenia gravis, Pharma Gateway AB;
- Primary sclerosing cholangitis, Amsterdam UMC;
- Prevention of acute liver failure, Egetis Therapeutics AB;
- Nontuberculous mycobacterial lung disease, Regintel Limited;
- Nontuberculous mycobacterial lung disease, Dlrc Pharma Services Limited;
- Amyotrophic lateral sclerosis, Clene Netherlands B.V.;
- Haemophilia A, S-Cubed Pharmaceutical Services ApS;
- · Chondrosarcoma, TMC Pharma (EU) Limited;
- Familial adenomatous polyposis, Amsterdam UMC;
- Idiopathic hypersomnia, Propharma Group The Netherlands B.V.;
- Peripheral T-cell lymphoma, Pharma Gateway AB;
- Amyotrophic lateral sclerosis, Novartis Europharm Limited;
- Myelodysplastic syndrome, Syros Pharmaceuticals (Ireland) Limited;
- Osteosarcoma, Hephaistos-Pharma;
- Stargardt's disease, Alnylam Netherlands B.V.

Re-assessment of orphan designation at time of marketing authorisation

When a designated orphan medicinal product receives a positive opinion for marketing authorisation from EMA's Committee for Medicinal Products for Human Use (CHMP), the COMP has the responsibility to review whether or not the medicinal product still fulfils the designation criteria prior to the granting of a marketing authorisation.

The COMP adopted three positive opinions at time of CHMP opinion:

- Roctavian (valoctocogene roxaparvovec) for treatment of haemophilia A, BioMarin International Limited.
- Scemblix (asciminib) for treatment of chronic myeloid leukaemia, Novartis Europharm Limited.
- **Vyvgart** (efgartigimod alfa) for treatment of myasthenia gravis, Argenx.

Summaries of positive opinions on orphan designations are available on the EMA website.

Orphan medicines in 2023

| Medicinal Product | Marketing Authorisation Holder | Therapeutic Indication | Date of Marketing Authorisation |
|--|-----------------------------------|------------------------|------------------------------------|
| Hemgenix® (etranacogene dezaparvovec) | CSL Behring Gmbh | Haemophilia B | 20/02/2023 |

Please click also on the following links to see:

Orphan medicinal products authorised during 2023 Orphan medicinal products authorised since 2000

PAEDIATRIC COMMITTEE

As of April 2022 and until further notice, PDCO no longer publishes meeting reports.

Minutes January 2023 Agenda February 2023 Meeting Report March 2022

Boosting the development of medicines for children

In 2017, the European Commission's (EC) 10-year report on the implementation of the Paediatric Regulation revealed specific challenges. Whereas the report showed an overall increase in medicines being developed for children, it also highlighted that paediatric development is lagging behind the adult one, causing a delay in availability of paediatric medicines at patient' bedsides. Another challenge is the development of medicines for which there is no adult indication and are targeted for diseases that exclusively affect children. In order to follow-up on the report's conclusions and to boost the development of medicines for children in Europe, the EC and the European Medicines Agency (EMA) developed a detailed plan of short-term actions that could address the identified shortcomings under the current legal framework. The EMA-EC action plan was published on 2 October 2018 and took into account the suggestions made at a multistakeholder workshop convened by the EC and EMA earlier that year.

Progress on all agreed actions has been made through collaboration of all stakeholders. The actions were grouped according to the **five topics areas** highlighted by the Commission in the 10-year report on the implementation of the Regulation:

- 1. Identifying paediatric medical needs
- 2. Strengthening of cooperation of decision makers
- 3. Ensuring timely completion of paediatric investigation plans (PIPs)
- 4. Improving the handling of PIP applications
- 5. Increasing transparency around paediatric medicines



These actions have helped to focus development efforts on areas of high unmet medical need, spared paediatric resources and increased the possibility for earlier availability of new medicines through shorter developments. Administrative steps have been reduced, processes have been simplified and made adaptable to innovative new medicine developments to reduce bureaucracy. Moreover, cooperation among decision makers and stakeholders has been intensified and new lasting working relationships have been created and strengthened.

It is expected that the actions taken will increase the efficiency of paediatric regulatory processes under the current legal framework. Moreover, learnings from the action plan will be translated into the revision of the Paediatric Regulation which is expected to further support the availability of medicines for children.

For more information, please read here.

AUTHORISED ADVANCED THERAPIES

CAT updates are now quarterly

Minutes December 2022 Agenda February 2023 Meeting November 2022-January 2023

CAT highlights Nov- Jan meeting update

This report provides information on ATMP approvals and extension of indications of authorised ATMPs, as well as statistical data on product-related activities.

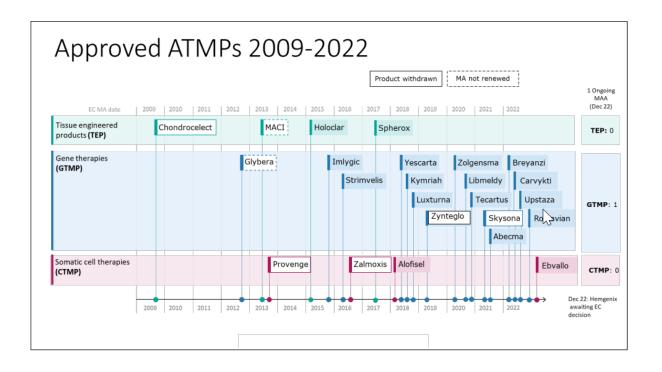
The outcome of these assessments can be found here: Summaries of scientific recommendations on classification of ATMPs.

Advanced therapy medicinal products approvals from November 2022-January 2023.

During its plenary meeting of **December 2022**, CAT adopted a positive draft opinion for:

• Conditional marketing authorisation for *Hemgenix* ((etranacogene dezaparvovec) for the following indication: treatment of severe and moderately severe Haemophilia B (congenital Factor IX deficiency) in adult patients without a history of Factor IX inhibitors.

For more information, see also the *EMA meeting report*.



PATIENTS' AND CONSUMERS' WORKING PARTY

The Patients' and Consumers' Working Party (PCWP), established in 2006, serves as a platform for exchange of information and discussion of issues of common interest between EMA and patients and consumers. It provides recommendations to EMA and its human scientific committees on all matters of interest in relation to medicines.

For more information, see also the PCWP mandate, objectives and rules of procedure.



EMA PCWP & HCPWP meeting working parties joint meeting

Last 15th November 2022 took place face to face the Patients and Consumers' (PCWP) and 'Healthcare Professionals' (HCPWP) Working Parties meeting.

The meeting has focused on different topics. Firstly, the involvement of patient in medicines development and regulation was discussed based on the report from EMA Multistakeholder Workshop on Patient Experience Data and also the CIOMS report on 'Patient involvement in the development, regulation and safe use of medicines'. An update from the Task Force on availability of authorised medicines was given, and later, access to medicines was discussed focusing on the interconnection of regulatory and Health Technology Assessment activities and the role of patients and healthcare professionals. Finally, future activities on antimicrobial resistance have also been presented.

For more information, please see the agenda, presentations and recording here.

EMA Glossaries

The EMA just published a *medical terms simplifier* that gives plain-language descriptions of medical terms commonly used in information about medicines.

A *glossary of regulatory terms* that gives definitions for the main terms used on the EMA website and in their documents has also been published.

For more information, please check the glossaries here.

Accelerated assessment

Rapid assessment of medicines in the centralised procedure aimed at facilitating patient access to new medicines that address an unmet medical need. Accelerated assessment usually takes 150 evaluation days, rather than 210.

Advanced therapies or advanced-therapy medicinal products (ATMPs)

ATMPs are new medical products based on genes, cells and tissues, which offer new treatment opportunities for many diseases and injuries. There are four main groups:

Gene-therapy medicines

They are medicines that contain genes leading to a therapeutic effect. They work by inserting 'recombinant' genes into cells, usually to treat a variety of diseases, including genetic disorders, cancer or long-term diseases. A recombinant gene is a stretch of DNA that is created in the laboratory, bringing together DNA from different sources.

Somatic-cell therapy medicines

These contain cells or tissues that have been manipulated to change their biological characteristics. They can be used to cure, diagnose or prevent diseases;

Tissue-engineered medicines

These contain cells or tissues that have been modified so they can be used to repair, regenerate or replace tissue.

Combined advanced-therapy medicines

These are medicines that contain one or more medical devices as an integral part of the medicine. An example of this is cells embedded in a biodegradable matrix or scaffold.

Authorisation under exceptional circumstances

It allows patients access to medicines that cannot be approved under a standard authorisation as comprehensive data cannot be obtained, either because there are only very few patients with the disease, the collection of complete information on the efficacy and safety of the medicine would be unethical, or there are gaps in the scientific knowledge. These medicines are subject to specific post-authorisation obligations and monitoring.

Compliance check

It is performed to verify that all the measures agreed in a *Paediatric Investigation Plan* (PIP) and reflected in the Agency's decision have been conducted in accordance with the decision, including the agreed timelines. Full compliance with all studies/measured contained in the PIP is one of several prerequisites for obtaining the rewards and incentives provided for in Articles 36 to 38 of the Paediatric Regulation.

Conditional marketing authorisation

It is granted to a medicine that addresses unmet medical needs of patients on the basis of less comprehensive data than normally required. The available data must indicate that the medicine's benefits outweigh its risks and the applicant should be in a position to provide the comprehensive clinical data in the future.

Designation, orphan medicinal product

A status assigned to a medicine intended for use against a rare condition. The medicine must fulfil certain criteria for designation as an orphan medicine so that it can benefit from incentives such as protection from competition once on the market.

European Public Assessment Report (EPAR)

It is a lay-language document, which provides a summary of the grounds on which the EMA/CHMP based its recommendation for the medicine to receive a marketing authorisation. This happens when a manufacturer develops a generic medicine based on a reference medicine, but with a different strength or given by a different route.

Hybrid application for marketing authorisation

Hybrid applications rely partly on the results of tests on the reference medicine and partly on new data from clinical trials.

Informed consent application for marketing authorisation

An informed consent application makes use of data from the dossier of a previously authorised medicine, with the marketing authorisation holder of that medicine giving consent for the use of their data in the application.

Orphan Legislation

Regulation (EC) No 141/2000 on orphan medicinal products

Paediatric Investigation Plan (PIP)

It sets out a programme for the development of a medicine in the paediatric population. It aims to generate the necessary quality, safety and efficacy data through studies to support the authorisation of the medicine for use in children of all ages. These data have to be submitted to the EMA, or national competent authorities, as part of an application for a marketing authorisation for a new medicine, or for one covered by a patent.

Paediatric Use Marketing Authorisation (PUMA)

It is a dedicated marketing authorisation for medicinal products indicated exclusively for use in the paediatric population, or subsets thereof, with, if necessary, an age-appropriate formulation. It has been designed to promote paediatric development of already authorised products which are no longer covered by a patent. Benefits are 8 years of data protection and 10 years market protection

Patient-reported outcomes (PROs)

Measurements based on data provided directly by patients regarding their health condition without interpretation of the patient's response by a clinician or anyone else.

Patient-reported outcome measures (PROMs)

They are instruments, scales, or single-item measures that have been developed to measure PROs, for example a self-completed questionnaire to assess pain.

Periodic Safety Update Reports (PSURs)

Periodic reports that the evaluate the benefit-risk balance of a medicine as evidence is gathered in clinical use. They are submitted by marketing authorisation holders at defined time points after the authorisation.



Post-authorisation efficacy studies (PAES)

PAES are studies relating to authorised medicinal products conducted within the therapeutic indication with the aim of addressing well-reasoned scientific uncertainties on aspects of the evidence of benefits of a medicine that could not be resolved before authorisation or were identified afterwards.

Post-authorisation safety studies (PASS)

A PASS is carried out after a medicine has been authorised to obtain further information on its safety, or to measure the effectiveness of risk-management measures. The PRAC is responsible for assessing the protocols of imposed PASSs and for assessing their results.

Prevalence

In the context of the Orphan Legislation, the prevalence refers to the number of persons with the condition at the time the application is made, divided by the population of the European Union (EU) at that time. It requires demonstration through authoritative references that the disease or condition for which the medicinal product is intended affects not more than 5 in 10,000 persons in the EU, when the application is made.

Public summaries of PDCO evaluations of PIPs

They describe the applicant's proposal for the development of their medicine in children, the PDCO's conclusion on the potential use of the medicine in the paediatric population, the plan agreed between the committee and the applicant at the completion of the procedure (including any partial waivers or deferrals) and the next steps.

Referral procedures for safety reasons

A referral is a procedure used to resolve issues such as concerns over the safety or benefit-risk balance of a medicine or a class of medicines. In a referral, the EMA is requested to conduct a scientific assessment of a particular medicine or a class of medicines on behalf of the European Commission or a Member State.

Risk Management Plans (RMPs)

RMPs are regulatory documents submitted by medicine developers when they apply for marketing authorisation and include information on the medicine's safety profile; how its risks will be prevented or minimised in patients; plans for studies and other activities to gain more knowledge about the safety and efficacy of the medicine; risk factors for developing adverse reactions; measuring the effectiveness of risk-minimisation measures.

Scientific advice/protocol assistance

Through scientific advice, companies can ask the EMA for advice on whether they are conducting the appropriate tests and studies during the clinical development of a given product. In the case of orphan medicines for the treatment of rare diseases, it also includes advice on1) the demonstration of significant benefit for the designated orphan indication and on 2) similarity or clinical superiority over other medicines; which are criteria for the authorisation of an orphan medicine.

Significant benefit

Demonstrating a significant benefit, this is demonstrating a "clinically relevant advantage or a major contribution to patients" is one of the criteria that medicines for the treatment of rare diseases must fulfil to benefit from 10 years of market exclusivity once they have been authorised. For further information, read the workshop report: Demonstrating significant benefit of orphan medicines, held at the EMA in December 2015.

Safety signal

A safety signal is information on a new or incompletely documented adverse event that is potentially caused by a medicine and that warrants further investigation. Signals are generated from several sources such as spontaneous reports, clinical studies and the scientific literature, but their presence does not mean that a medicine has caused the reported adverse event. The adverse event could be a symptom of a nother illness or caused by another medicine taken by the patient. The evaluation of a safety signal is required to establish whether or not there is a causal relationship between the medicine and the adverse event.

Similar active substance

It means an identical active substance, or an active substance with the same principal molecular structural features (but not necessarily all of them) and which acts via the same mechanism.

Scientific Advisory Group (SAG)

SAGs have been established to provide an independent recommendation on scientific/technical matters related to products under evaluation through centralised regulatory procedures and referrals by the CHMP or any other scientific issue relevant to the work of the Committee.

Waiver

A waiver can be issued if there is evidence that the medicine concerned is likely to be ineffective or unsafe in the paediatric population, or that the disease or condition targeted occurs only in adult populations, or that the medicine, or the performance of trials, does not represent a significant therapeutic benefit over existing treatments for paediatric patients.