

EURORDIS THERAPEUTIC REPORT

February 2024

ISSUE 2

UPDATE ON THERAPEUTIC DEVELOPMENT AND PATIENT INVOLVEMENT IN EMA ACTIVITIES

GENERAL NEWS

Cancer Medicines Forum Workshop

The EMA and the European Organisation for Research and Treatment of Cancer (EORTC) are co-chairing the **Cancer Medicines Forum** which objective is to integrate the work of the academic sector into the regulatory decision-making process by acting as an unique channel between the regulator and academic clinical research.

Next 5th April 2024 a hybrid workshop will take place at the EMA, where the Cancer Medicines Forum will report its observations and preliminary solutions to address treatment optimisation in Europe.

Register by March 29th 2024 to attend the workshop online.

Find more information here!

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HMA-EMA catalogues of realworld data sources and studies

The EMA and the Heads of Medicines Agencies (HMA) have launched **two public electronic catalogues** (one for real-world data (RWD) sources and one for RWD studies) with the aim of **promoting transparency**, **encourage the use of good practices**, and **build trust** in research based on RWD.

This brings the European medicines regulatory network closer to more data-driven regulation. Ultimately, these developments will help European patients receive better medicines faster and promote safe and effective use of the medicines on the market.

For further information click *here*!

ACT EU multi-stakeholder methodology workshop

Last 23rd November 2023 took place the **multi-stakeholder workshop** on methodology guidance at the EMA facilitating a discussion between relevant stakeholders on **key topics of clinical trial methodology**.

The objective of the workshop was to identify the challenges stakeholders face, propose ways for improving patient centricity and suggest possible solutions.

Read the full report of the workshop here!



In the spotlight: Rare Disease Day 2024

Rare Disease Day 2024

Last 29th February was *Rare Disease Day*! The campaign continues to grow each year since it was first launched in 2008. Thousands of events were organised in over 100 countries and regions to mark the occasion raising awareness and generating change for the 300 million people worldwide living with a rare disease, their families and carers!

This globally-coordinated movement on rare diseases continues working towards **equity in social opportunity**, **healthcare**, **and access to diagnosis and therapies** for people living with a rare disease. Many buildings around the world were illuminated as an action of great support for global Rare Disease Day keeping the Chain of Lights and awareness stronger than ever. The day was another resounding success, with global landmarks, from the Empire State Building, to the Tokyo Tower, also lit up with the campaign colours.

Almost 70 million people engaged with the global Rare Disease Day campaign through social media. Check the social media success using the official hashtag #RareDiseaseDay and #LightUpForRare and take a look at the website and the Rare Disease Day Official Video 2024!

Tell us what did you like about the campaign and **help us improve** by completing a 10 minutes *feedback survey* by April 1st!



This Rare Disease Day, EURORDIS launched the #ActRare2024 campaign calling on the EU's next set of policymakers to make sure that policy progress on rare diseases remains a political priority. The forthcoming European Parliament elections, set to take place 6-9 June 2024, will constitute a pivotal moment for the rare disease community.

MEDICINES SAFETY

Pharmacovigilance Risk Assessment Committee (PRAC) February 2024

Minutes January 2024 Agenda February 2024 Meeting Highlights February 2024

Reminder of serious adverse reactions of Paxlovid

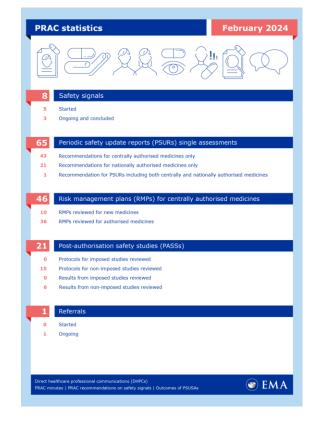
The PRAC is reminding healthcare professionals of the risk of serious and potentially fatal adverse reactions with Paxlovid (nirmatrelvir, ritonavir) when used in combination with certain immunosuppressants that have a narrow safe dosage range, due to drug-drug interactions reducing the body's ability to eliminate these medicines.

Paxlovid is a medicine **used for treating COVID-19 in adults** who do not require supplemental oxygen and who are at increased risk of the disease becoming severe.

Healthcare professionals need to **consult with a multidisciplinary group of specialists to manage the complexity** of taking these medicines together with immunosuppressants.

The PRAC agreed on a **direct healthcare professional communication** (DHPC) to remind healthcare professionals of the risk of these interactions. The DHPC will be **disseminated to healthcare professionals by the marketing authorisation holder,** according to an agreed communication plan, and published on the direct healthcare professional communications page and in national registers in EU Member States.

More information is available here.



Medicines safety resources

- List of medicines under additional monitoring
- ❖ EudraVigilance
- Shortages catalogue
- Recommendations on medication errors
- Good Pharmacovigilance Practices
- Patient registries
- Rules of procedure on the organisation and conduct of public hearings at the



Click on the image to get the latest issue of *QPP Update*, an EMA newsletter with the latest news on EU

Pharmacovigilance

Orphan medicines key figures

Since 2000



2910Orphan designations



288

Orphan designations included in authorised indication





255 Authorised OMPs



101

To be used in children

To date

163

Products with a marketing authorisation and an orphan status in the European Union

27 March 2024

COMMITTE FOR MEDICINAL PRODUCTS FOR HUMAN USE

CHMP Meeting Highlights February 2024

Minutes January 2024 Agenda February 2024 Meeting Highlights February 2024

In February, the CHMP recommended 10 new medicines for approval, four of them orphan medicines:

- Filspari (sparsentan), for the treatment of primary immunoglobulin A nephropathy, a disease where the kidneys gradually stop working and eventually fail, requiring patients to undergo dialysis or have a kidney transplant.
- Qalsody (tofersen), for the treatment of adult patients with amyotrophic lateral sclerosis (ALS), a rare and often fatal disease that causes muscles to become weak and leads to paralysis.
- *Voydeya* (*danicopan*), the first oral treatment against residual haemolytic anaemia in patients with paroxysmal nocturnal haemoglobinuria, a rare genetic disorder and potentially life-threatening blood disease leading to the premature destruction of red blood cells by the immune system.
- Zynyz (retifanlimab), for the treatment of Merkel cell carcinoma, an aggressive, life-threatening skin cancer with a poor outcome when advanced.
- Celldemic (zoonotic influenza vaccine (H5N1)(surface antigen, inactivated, adjuvanted, prepared in cell cultures)), for immunisation during outbreaks of influenza coming from animals, including when public health authorities anticipate a possible pandemic.
- Incellipan (pandemic influenza vaccine (H5N1) (surface antigen, inactivated, adjuvanted, prepared in cell cultures)), a pandemic preparedness vaccine intended for use only if a flu pandemic has been officially declared.
- Tizveni (tislelizumab), for the treatment of locally advanced or metastatic non-small cell lung cancer in adults.
- Pyzchiva (ustekinumab), for the treatment of plaque psoriasis, including paediatric plaque psoriasis, psoriatic arthritis, ulcerative colitis and Crohn's disease, a disease causing inflammation of the gut.
- Apremilast Accord (apremilast), for the treatment of psoriatic arthritis, psoriasis and Behçet's disease, a rare type of inflammatory disease which affects many parts of the body.
- Nintedanib Accord (nintedanib), for the treatment of adults with idiopathic pulmonary fibrosis.

CHMP statistics: February 2024		
Positive opinions on new medicines	10 Total 13 To 20	tal 124
New [non-orphan] medicines	3 "	
Orphan medicines	4	
Biosimilars	1.	
Generic / hybrids / informed consent	2 "	



Click on the image to get the latest issue of *Human Medicines Highlights*, a newsletter published by EMA address to organisations representing patients, consumers and healthcare professionals summarising key information on medicines for human use.

COMMITTEE FOR ORPHAN MEDICINAL PRODUCTS

Minutes January 2024 Agenda January 2024

COMP will no longer publish meeting reports, all the information now in the minutes

COMP

The Committee for Orphan Medicinal Products (COMP) is the European Medicines Agency's (EMA) committee responsible for recommending orphan designation of medicines for rare diseases.

The COMP was established in 2000, in line with *Regulation (EC) No 141/2000* and is responsible for evaluating applications for *orphan designation and reviewing it at time of marketing authorisation*. This designation is for medicines to be developed for the diagnosis, prevention or treatment of **rare diseases** that are life-threatening or very serious. In the European Union (EU), a disease is defined as rare if it affects fewer than 5 in 10,000 people across the EU. The European Commission decides whether to grant an orphan designation for the medicine based on the COMP's opinion.

An orphan designation allows a pharmaceutical company to benefit from incentives from the EU, such as reduced fees and protection from competition once the medicine is placed on the market.

The COMP also advises and assists the European Commission on matters related to orphan medicines, including:

- developing and establishing an EU-wide policy;
- drawing up detailed guidelines;
- liaising internationally.

COMP activities for the year 2024 include (non-exhaustive list):

- Defining the requirements for major contribution to patient care (MCPC) at orphan designation as well as at marketing authorisation stage.
- Work on the flexibility in the definition of orphan conditions to be more in line with innovative scientific development.
- Continue the pilot of RWE studies to support COMP decision-making including identification of use cases.
- Mapping the orphan designations for very rare conditions.
- Establishing the use of patient experience data for orphan medicines in regulatory purposes through a patient-validated methodology.

For more information read the full work plan here.



COMP members celebrating rare diseases day 2024!

Orphan medicines in 2024

Medicinal Product	Marketing Authorisation Holder	Therapeutic Indication	Date of Marketing Authorisation
Spexotras® (Trametinib dimethyl sulfoxidetinib)	Novartis Europharm Limited	Glioma	05/01/2024
Rystiggo® (Rozanolixizumab)	UCB Pharma	Myasthenia Gravis	05/01/2024
Omjjara® (Momelotinib)	GlaxoSmithKline Trading Services Limited	Splenomegaly	25/01/2024
Skyclarys® (Omaveloxolone)	Reata Ireland Limited	Friedreich's ataxia	09/02/2024
Casgevy® (Exagamglogene autotemcel)	Vertex Pharmaceuticals (Ireland) Limited	Beta- Tahalassemia, Anemia, Sickle Cell	09/02/2024

Please click also on the following links to see:

Orphan medicinal products authorised during 2024 Orphan medicinal products authorised since 2000

PAEDIATRIC COMMITTEE

PDCO no longer publishes meeting reports. All the information now can be found in the minutes!

PDCO

Minutes January 2024 Agenda February 2024

The Paediatric Committee (PDCO) is the European Medicines Agency's (EMA) scientific committee responsible for activities on medicines for children and to support the development of such medicines in the European Union by providing scientific expertise and defining paediatric needs.

The *PDCO* was established in line with the *Paediatric Regulation*, which came into effect in 2007, to improve the health of children in Europe by facilitating the development and **availability of medicines for children** aged o to 17 years.

The *PDCO*'s main role is to assess the content of *paediatric investigation plans* (PIPs), which determine the studies that companies must carry out in children when developing a medicine. This includes assessing applications for a full or partial **waiver** and for **deferrals**.

The PDCO is not responsible for *marketing authorisation applications* for medicines for use in children, which is in the remit of the CHMP.

PDCO activities for the year 2024 include (non-exhaustive list):

- Continue the pilot on RWE studies including through DARWIN EU to support PDCO decision-making including identification of use cases where the evidence from real word data can support the scientific assessment. Provide expert input to a review of the experience gained with real-world data (RWD) studies conducted (as part of the pilot) across the regulatory network to support regulatory decision making.
- Define a framework for use of RWD/RWE in support of extrapolation of efficacy data to the paediatric population.
- To contribute to the elaboration of a reflection paper to provide advice on the best EU approach to generate, collect and analyse patient experience data.
- To explore ways on when, how and to what extent Young Persons Advisory Groups (YPAGs) could be involved in PIP procedures.

Read *here* the full work plan for more information.

COMMITTEE FOR ADVANCED THERAPIES

CAT updates are now quarterly- will be updated when EMA publishes

Minutes January 2024 Agenda February 2024 Meeting November 2023-January 2024

CAT highlights November 2023 – January 2024 meeting update

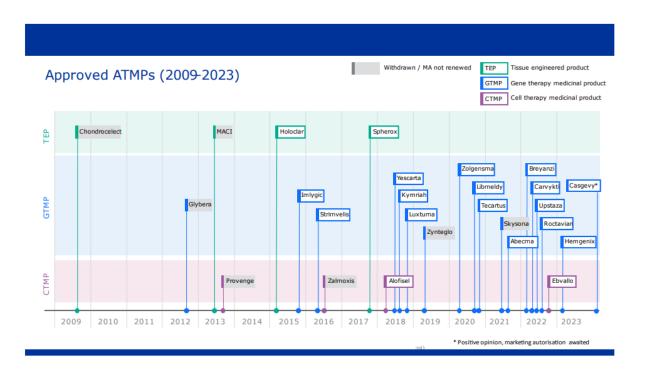
This report provides information on ATMP approvals and extension of indications of authorised ATMPs, as well as statistical data on product-related activities.

The outcome of these assessments can be found here: *Summaries of scientific recommendations on classification of ATMPs*.

There are no approvals of Advanced therapy medicinal products in the period covered by this report.

There are no extension of indication of authorised ATMPs.

For more information, see also the EMA meeting report.



EMA's Management Board

EMA's Management Board

Minutes October 2023 Agenda December 2023

What is the EMA Management Board?

The Management Board is the European Medicines Agency's integral governance body. It has a supervisory role with general responsibility for budgetary and planning matters, the appointment of the Executive Director and the monitoring of the Agency's performance.

EMA's Management Board role

The Management Board role is to **set the Agency's budget**, approve the **annual work programme** and is responsible for **ensuring that the Agency works effectively** and **co-operates successfully** with partner organisations across the EU and beyond.

The **operational tasks** of the management board range from adopting legally binding implementing rules, to setting strategic directions for scientific networks, to reporting on the use of European Union (EU) contributions for the Agency's activities.

The Board generally meets four times a year. Check out the minutes of the last meeting (October 2023) here.

EMA's Management Board composition

The Management Board consists of **36 members**, appointed to act in the public interest, who do not represent any government, organisation or sector. The members of the Management Board are appointed on the basis of their expertise in management and, if appropriate, experience in the field of human or veterinary medicines. They are selected to guarantee the highest levels of specialist qualifications, a broad spectrum of relevant expertise and the broadest possible geographical spread within the EU. Find out more about the members *here*.

The Management Board is made up of **members and observers**. **Virginie Hivert**, Therapeutic Development Director at the European Organisation For Rare Diseases EURORDIS, is one of the two **representatives of patients' organisations** in the board.

PATIENTS' AND CONSUMERS' WORKING PARTY

The Patients' and Consumers' Working Party (PCWP), established in 2006, serves as a platform for exchange of information and discussion of issues of common interest between EMA and patients and consumers. It provides recommendations to EMA and its human scientific committees on all matters of interest in relation to medicines.

For more information, see also the PCWP mandate, objectives and rules of procedure.



EMA PCWP & HCPWP meeting working parties joint meeting

Last 27th and 28th February 2024 took place *the Patients and Consumers' (PCWP) and 'Healthcare Professionals' (HCPWP) Working Parties meeting* at the EMA.

Topics discussed during the two day meeting included an update on the progress with patient experience data, an update on the network training centre, EMA's policy on competing interests, pharmacovigilance related-topics and shortages.

EMA Glossaries

The EMA just published a *medical terms simplifier* that gives plain-language descriptions of medical terms commonly used in information about medicines.

A *glossary of regulatory terms* that gives definitions for the main terms used on the EMA website and in their documents has also been published.

For more information, please check the glossaries here.

Accelerated assessment

Rapid assessment of medicines in the centralised procedure aimed at facilitating patient access to new medicines that address an unmet medical need. Accelerated assessment usually takes 150 evaluation days, rather than 210.

Advanced therapies or advanced-therapy medicinal products (ATMPs)

ATMPs are new medical products based on genes, cells and tissues, which offer new treatment opportunities for many diseases and injuries. There are four main groups:

Gene-therapy medicines

They are medicines that contain genes leading to a therapeutic effect. They work by inserting 'recombinant' genes into cells, usually to treat a variety of diseases, including genetic disorders, cancer or long-term diseases. A recombinant gene is a stretch of DNA that is created in the laboratory, bringing together DNA from different sources.

Somatic-cell therapy medicines

These contain cells or tissues that have been manipulated to change their biological characteristics. They can be used to cure, diagnose or prevent diseases;

Tissue-engineered medicines

These contain cells or tissues that have been modified so they can be used to repair, regenerate or replace tissue.

Combined advanced-therapy medicines

These are medicines that contain one or more medical devices as an integral part of the medicine. An example of this is cells embedded in a biodegradable matrix or scaffold.

Authorisation under exceptional circumstances

It allows patients access to medicines that cannot be approved under a standard authorisation as comprehensive data cannot be obtained, either because there are only very few patients with the disease, the collection of complete information on the efficacy and safety of the medicine would be unethical, or there are gaps in the scientific knowledge. These medicines are subject to specific post-authorisation obligations and monitoring.

Compliance check

It is performed to verify that all the measures agreed in a *Paediatric Investigation Plan* (PIP) and reflected in the Agency's decision have been conducted in accordance with the decision, including the agreed timelines. Full compliance with all studies/measured contained in the PIP is one of several prerequisites for obtaining the rewards and incentives provided for in Articles 36 to 38 of the Paediatric Regulation.

Conditional marketing authorisation

It is granted to a medicine that addresses unmet medical needs of patients on the basis of less comprehensive data than normally required. The available data must indicate that the medicine's benefits outweigh its risks and the applicant should be in a position to provide the comprehensive clinical data in the future.

Designation, orphan medicinal product

A status assigned to a medicine intended for use against a rare condition. The medicine must fulfil certain criteria for designation as an orphan medicine so that it can benefit from incentives such as protection from competition once on the market.

European Public Assessment Report (EPAR)

It is a lay-language document, which provides a summary of the grounds on which the EMA/CHMP based its recommendation for the medicine to receive a marketing authorisation. This happens when a manufacturer develops a generic medicine based on a reference medicine, but with a different strength or given by a different route.

Hybrid application for marketing authorisation

Hybrid applications rely partly on the results of tests on the reference medicine and partly on new data from clinical trials.

Informed consent application for marketing authorisation

An informed consent application makes use of data from the dossier of a previously authorised medicine, with the marketing authorisation holder of that medicine giving consent for the use of their data in the application.

Orphan Legislation

Regulation (EC) No 141/2000 on orphan medicinal products

Paediatric Investigation Plan (PIP)

It sets out a programme for the development of a medicine in the paediatric population. It aims to generate the necessary quality, safety and efficacy data through studies to support the authorisation of the medicine for use in children of all ages. These data have to be submitted to the EMA, or national competent authorities, as part of an application for a marketing authorisation for a new medicine, or for one covered by a patent.

Paediatric Use Marketing Authorisation (PUMA)

It is a dedicated marketing authorisation for medicinal products indicated exclusively for use in the paediatric population, or subsets thereof, with, if necessary, an age-appropriate formulation. It has been designed to promote paediatric development of already authorised products which are no longer covered by a patent. Benefits are 8 years of data protection and 10 years market protection

Patient-reported outcomes (PROs)

Measurements based on data provided directly by patients regarding their health condition without interpretation of the patient's response by a clinician or anyone else.

Patient-reported outcome measures (PROMs)

They are instruments, scales, or single-item measures that have been developed to measure PROs, for example a self-completed questionnaire to assess pain.

Periodic Safety Update Reports (PSURs)

Periodic reports that the evaluate the benefit-risk balance of a medicine as evidence is gathered in clinical use. They are submitted by marketing authorisation holders at defined time points after the authorisation.



Post-authorisation efficacy studies (PAES)

PAES are studies relating to authorised medicinal products conducted within the therapeutic indication with the aim of addressing well-reasoned scientific uncertainties on aspects of the evidence of benefits of a medicine that could not be resolved before authorisation or were identified afterwards.

Post-authorisation safety studies (PASS)

A PASS is carried out after a medicine has been authorised to obtain further information on its safety, or to measure the effectiveness of risk-management measures. The PRAC is responsible for assessing the protocols of imposed PASSs and for assessing their results.

Prevalence

In the context of the Orphan Legislation, the prevalence refers to the number of persons with the condition at the time the application is made, divided by the population of the European Union (EU) at that time. It requires demonstration through authoritative references that the disease or condition for which the medicinal product is intended affects not more than 5 in 10,000 persons in the EU, when the application is made.

Public summaries of PDCO evaluations of PIPs

They describe the applicant's proposal for the development of their medicine in children, the PDCO's conclusion on the potential use of the medicine in the paediatric population, the plan agreed between the committee and the applicant at the completion of the procedure (including any partial waivers or deferrals) and the next steps.

Referral procedures for safety reasons

A referral is a procedure used to resolve issues such as concerns over the safety or benefit-risk balance of a medicine or a class of medicines. In a referral, the EMA is requested to conduct a scientific assessment of a particular medicine or a class of medicines on behalf of the European Commission or a Member State.

Risk Management Plans (RMPs)

RMPs are regulatory documents submitted by medicine developers when they apply for marketing authorisation and include information on the medicine's safety profile; how its risks will be prevented or minimised in patients; plans for studies and other activities to gain more knowledge about the safety and efficacy of the medicine; risk factors for developing adverse reactions; measuring the effectiveness of risk-minimisation measures.

Scientific advice/protocol assistance

Through scientific advice, companies can ask the EMA for advice on whether they are conducting the appropriate tests and studies during the clinical development of a given product. In the case of orphan medicines for the treatment of rare diseases, it also includes advice on1) the demonstration of significant benefit for the designated orphan indication and on 2) similarity or clinical superiority over other medicines; which are criteria for the authorisation of an orphan medicine.

Significant benefit

Demonstrating a significant benefit, this is demonstrating a "clinically relevant advantage or a major contribution to patients" is one of the criteria that medicines for the treatment of rare diseases must fulfil to benefit from 10 years of market exclusivity once they have been authorised. For further information, read the workshop report: Demonstrating significant benefit of orphan medicines, held at the EMA in December 2015.

Safety signal

A safety signal is information on a new or incompletely documented adverse event that is potentially caused by a medicine and that warrants further investigation. Signals are generated from several sources such as spontaneous reports, clinical studies and the scientific literature, but their presence does not mean that a medicine has caused the reported adverse event. The adverse event could be a symptom of another illness or caused by another medicine taken by the patient. The evaluation of a safety signal is required to establish whether or not there is a causal relationship between the medicine and the adverse event.

Similar active substance

It means an identical active substance, or an active substance with the same principal molecular structural features (but not necessarily all of them) and which acts via the same mechanism.

Scientific Advisory Group (SAG)

SAGs have been established to provide an independent recommendation on scientific/technical matters related to products under evaluation through centralised regulatory procedures and referrals by the CHMP or any other scientific issue relevant to the work of the Committee.

Waiver

A waiver can be issued if there is evidence that the medicine concerned is likely to be ineffective or unsafe in the paediatric population, or that the disease or condition targeted occurs only in adult populations, or that the medicine, or the performance of trials, does not represent a significant therapeutic benefit over existing treatments for paediatric patients.